## **Companion Plants 101**

Companion planting is the process of planting different crops (fruits, vegetables, and flowers) together for many beneficial reasons, mainly to improve crop productivity. These reasons include: pest control, pollination, habitat creation, and space maximization. Follow the guide below to determine which crops are the best to plant together.

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	Grops	<b>Companion Plants</b>	Plants to Avoid	Description
	Broccoli	Potatoes, Onions, Beets	Tomatoes, Pepper, Pole/Runner Beans	Potatoes and onions help improve the flavor of broccoli, and beets do not need as much calcium—giving broccoli more (much needed) calcium.
	Cabbage	Beans, Marigolds	Tomatoes	The flowery growths on beans provide shade for growing cabbage, while marigolds deter harmful pests from approaching.
K- N-X	Carrots	Onions, Legumes, Chives	Celery, Parsley	Onions and legumes deter pests, while chives help improve the flavor of carrots.
	Corn	Basil, Nasturtiums, Beans, Pumpkins, Squash, Cucumbers	Cabbage, Tomatoes	Basil and nasturtiums deter pests and provide stability for growing corn and climbing pole beans. Pumpkins, squash, and cucumbers keep moisture in the soil and prevent weeds from taking root.
	Cucumbers	Marigolds, Corn, Legumes	Potatoes, melons	Marigolds prevent pests, and corn acts as a natural trelis to help cucumbers grow. Legumes provide much-needed nitrogen in the soil.
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Garlic	Tarragon, Spinach	Beans, Asparagus	Tarragon promotes speedy growth in garlic and spinach prevents weeds from taking root.
Lettuce	Garlic, Asparagus, Sunflowers	Cabbage	Garlic repels nasty pests and sunflowers and asparagus help provide shade for lettuce.
Onions	Chamomile, Marigold	Beans	Chamomile has anti- bacterial and anti- fungal properties and improves flavor, and marigolds help attract pollinators.
Peppers	Basil, Carrots, Onions, Geraniums and Alliums	Beans, Cabbage	Basil is always great for pest prevention, while carrots help reduce weed prowth and onions help improve the flavor of peppers. Also, geraniums and alliums attract pollinators.
Pole Beans	Corn, Squash	Onion, Garlic	Part of the "Three Sisters" from Native American lore (squash, corn, and beans), corn acts as a natural trellis for pole beans, while squash provides shade so the soil doesn't dry out and lose needed nutrients.
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Potatoes	Alyssum, Cabbage, Marigolds, Garlic	Pumpkins, cabbage, squash	Alyssum flowers help attract beneficial insects and pollinators, and cabbage has shallow roots to help maximize the use of space—allowing more potatoes to be grown. Marigolds help prevent pests and garlic prevents disease.
Squash	Beans, Garlic, Nasturtiums, Corn	Potatoes, Pumpkins	Beans help balance soil pH levels to create ideal conditions for growth, while garlic and nasturtiums repel pests, and corn provides shade.
Tomatoes	Basil, Garlic, Squash Marigolds	Potatoes, cabbage	Basil and marigolds repel harmful pests, while garlic helps protect the soil against disease. Squash helps improve the growth and flavor of tomatoes.



